

KINE 3102: Clinical Experiences in Athletic Training I

Fall 2023

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## INSTRUCTOR:

S. Andrew Cage, EdD, LAT, ATC

Office: HPC 1045

Email: [scage@uttyler.edu](mailto:scage@uttyler.edu)

Wednesdays 12:20-1:15pm HPC 3010

## OFFICE HOURS

By Appointment

## CATALOG DESCRIPTION

This course is intended for students accepted into the athletic training education program with aspirations of sitting for the Texas State Athletic Training Licensure Exam. This is a laboratory-based course designed to introduce students to aspects of the athletic training profession, procedures of the UT Tyler athletic training education program, and basic level clinical skills necessary to complete upper-level clinical education requirements of the program.

## REQUIRED TEXTBOOKS

- Prentice, W.E. (2013). Principles of Athletic Training: A Competency-Based Approach. New York, NY: McGraw Hill. 15<sup>th</sup> edition.
- Cage, SA (2014). University of Texas at Tyler Clinical Proficiency Assessment Tool. (Will be made available on Canvas)

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## COURSE OBJECTIVES

At the end of this course students should be able to do the following:

1. Demonstrate a functional knowledge of UT Tyler athletic training education program procedures.
2. Explain and demonstrate knowledge of UT Tyler athletic training policies and procedures to incoming athletic training students.
3. Obtain and record a comprehensive medical history from an injured student-athlete.
4. Demonstrate familiarity with proper open wound care procedures.
5. Demonstrate proficiency with tape jobs including, but not limited to: foot, ankle, knee, wrist, hand, shoulder
6. Demonstrate knowledge and proper use of common athletic training and medical terminology.
7. Demonstrate proficiency with correctly applying therapeutic modalities in the athletic training room.
8. Demonstrate an ability to function as a member of a spine boarding team for an athlete with a suspected cervical spine injury.

## ATTEDANCE POLICY

Attendance is mandatory!!! Students are expected to attend all weekly seminars and scheduled clinical experience hours. All absences will be considered unexcused unless approved by the professor or an Approved Preceptor. Students are allowed no more than one excused absence. After this absence, each unexcused absence will result in a 20-point deduction from the attendance portion of your grade.

## GRADING STRUCTURE

Grading for this course is based off of an A-F scale and will be judged off of completion of all assigned proficiency worksheets, as well as scoring on said worksheets and terminology assignments. Each assignment will carry an equal weight and will be graded on a 100-point scale.

Proficiencies: 15 x 5 points = 75

Proficiency Completion: 200 points

Terminology Assignments: 4 x 10 points = 40

Quizzes: 12 x 10 points = 120

Discussion Posts: 2x20 points = 40

Final Exam : 1 x 100 points = 100

**Total = ~575 points**

### PROFICIENCY CARDS

Following weekly lectures, students will be expected to complete the designated portion of their proficiency card, that will require initials of a peer, and initials and scores from an approved preceptor within the athletic training clinic. These assignments will test comprehension and retention of skills and information obtained through weekly lecture, as well as give students an opportunity to demonstrate their proficiency to the staff members of the athletic training department. **Please note that your clinical preceptors and staff members will be under express instructions to not sign off on any proficiencies if you do not have a copy of your own CPAT. Also, please note that your proficiencies can be completed by Zoom at the discretion of the preceptor.**

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### TERMINOLOGY ASSIGNMENTS

There will be 4 terminology assignments distributed throughout the course of the semester. Students will be required to type definitions of the terms given. Any evidence of plagiarism, cheating, or collaboration will result in a grade of 0 on the assignment. Two cases of cheating will result in a conversation with the department chair about further consequences.

## COURSE SCHEDULE

- Introduction
- Syllabus Review
- Week of August 21<sup>st</sup> – August 25<sup>th</sup>
  - Course Outline
- Syllabus Quiz Due August 25<sup>th</sup>**
- Discussion Post 1 Due August 29<sup>th</sup>**
- Week of August 28<sup>th</sup> – September 1<sup>st</sup>
  - Taking a Medical History
  - SOAP Notes

	<b>Discussion Post 1 Responses Due September 2<sup>nd</sup></b>
	<b>Quiz 1 Due September 1<sup>st</sup></b>
	<b>Terminology Assignment 1 Assigned</b>
	- Therapeutic Modalities Application
Week of September 4 <sup>th</sup> – 8 <sup>th</sup>	<b>Quiz 2 Due September 8<sup>th</sup></b>
	<b>Terminology Assignment 1 Due September 11<sup>th</sup></b>
	- Wound Care
Week of September 11 <sup>th</sup> – 15 <sup>th</sup>	<b>Quiz 3 Due September 15<sup>th</sup></b>
	<b>Terminology Assignment 2 Assigned</b>
	- Athletic Training Room Inventory
Week of September 18 <sup>th</sup> – 22 <sup>nd</sup>	<b>Quiz 4 Due September 22<sup>nd</sup></b>
	<b>Terminology Assignment 2 Due September 25<sup>th</sup></b>
	- Spine Boarding
Week of September 25 <sup>th</sup> – September 29 <sup>th</sup>	<b>Quiz 5 Due September 29<sup>th</sup></b>
	<b>Terminology Assignment 3 Assigned</b>
	- Upper Body Taping
Week of October 2 <sup>nd</sup> – October 6 <sup>th</sup>	<b>Quiz 6 Due October 6<sup>th</sup></b>
	<b>Terminology Assignment 3 Due October 9<sup>th</sup></b>
	- Lower Body Taping
Week of October 9 <sup>th</sup> – October 13 <sup>th</sup>	<b>Quiz 7 Due October 13<sup>th</sup></b>
	<b>Terminology Assignment 4 Assigned</b>
	- Stretching
Week of October 16 <sup>th</sup> – October 20 <sup>th</sup>	<b>Quiz 8 Due October 20<sup>th</sup></b>

**Terminology Assignment 4 Due October 23<sup>rd</sup>**

- Upper Body Soft Tissue Anatomy

Week of October 23<sup>rd</sup> – October 27<sup>th</sup> **Quiz 9 Due October 27<sup>th</sup>**

**Discussion Post 2 Due October 30<sup>th</sup>**

- Upper Body Bony Tissue Anatomy

Week of October 30<sup>th</sup> – November 3<sup>rd</sup>

**Discussion Post 2 Responses Due November 4<sup>th</sup>**

**Quiz 10 Due November 3<sup>rd</sup>**

- Lower Body Soft Tissue Anatomy

Week of November 8<sup>th</sup> – 12<sup>th</sup>

**Quiz 11 Due November 13<sup>th</sup>**

Week of November 13<sup>th</sup> – November 17<sup>th</sup>

- Lower Body Bony Tissue Anatomy

**Quiz 12 Due November 17<sup>th</sup>**

Week of November 20<sup>th</sup> – 24<sup>th</sup>

- **NO CLASS, Thanksgiving Break**

Week of November 27<sup>th</sup> – December 1<sup>st</sup>

- Final Exam Review

**Final Exam**

**Open December 5<sup>th</sup> and Due December 9<sup>th</sup>**